

**BREAKFAST**

**LUNCH**

Guest Pricing:  
Breakfast: \$2.00  
Lunch: \$4.25

# FEBRUARY 2019

5<sup>th</sup>-12<sup>th</sup> Grade

All students are entitled to:

- 1 Free reimbursable Breakfast: Must choose 3 items 1 must be Fruit or Fruit Juice &
- 1 Free reimbursable Lunch: Must choose at least 3 items 1 must be a Fruit or Vegetable

## Monday



## Tuesday



Choice of Milk and Variety of Fruit offered daily

## Wednesday

## Thursday

## Friday

February 14, 2019 is Exempt Fundraiser Day for:  
Pine Forest Elementary, Vidor Elementary,  
Oak Forest Elementary, Vidor Middle School and  
Vidor High School

Breakfast- Campus Choice **1**

Lunch: Turkey & Cheese Ciabatta  
Sweet Potato Fries  
Green Beans  
Grape Tomatoes

Breakfast- Campus Choice **4**

Lunch: Hamburger on Bun  
French Fries  
Pickles, Baby Carrots  
Mixed Vegetables  
Ketchup, Mayonnaise & Mustard, Ranch  
Cups Available

Breakfast-Campus Choice **5**

Lunch: Chicken Fajitas on Flour  
Tortilla's  
Refried Beans  
Salsa

Breakfast: Campus Choice **6**

Lunch: Cheese or Pepperoni Pizza  
Whole Kernel Corn  
Green Beans  
Romaine Salad

Breakfast- Campus Choice **7**

Lunch: Baked Penne Pasta  
W/Meat sauce  
Italian Squash  
Garlic Bread

Breakfast Campus Choice **8**

Lunch: Turkey & Cheese Ciabatta  
Sweet Potato  
Peas & Carrots  
Mayonnaise & Mustard Available

Breakfast: Cinnamon Toast **11**

Lunch: Chicken Nuggets  
Mashed Potatoes  
Steamed Carrots  
Dinner Roll  
Dipping Sauce & Gravy available

Breakfast: Scrambled Eggs  
w/ Toast **12**

Lunch: Beef & Cheese Nachos  
Refried Beans  
Lettuce & Tomato  
Salsa

Breakfast: Biscuits  
w/ Cream Gravy **13**

Lunch: Meatballs w/Gravy  
Steamed Rice  
Lima Beans  
Roasted Sweet Potatoes

Breakfast: Yogurt & Fruit  
w/French Toast **14**

Lunch: Hot Dog on a bun  
Hot Dog Chili Sauce  
Pinto Beans, Baby Carrots



Breakfast: Oatmeal or Cereal **15**

Lunch: Chicken Crispito  
Sweet Potato Fries  
Green Beans  
Romaine Salad

Breakfast: Banana Bread **18**

Lunch: Beef Tips  
Steamed Rice  
English Peas  
Steamed Carrots

Breakfast: Pancake Sausage  
on a stick **19**

Lunch: Chicken Strips & Waffles  
Roasted Baby Baker Potatoes  
Mixed Vegetables  
Baby carrots  
Syrup, BBQ Sauce and Ranch Cups  
available

Breakfast: Cream Cheese Mini Cini **20**

Lunch: Meatloaf  
Mashed Potatoes  
Green Beans  
Macaroni & Cheese  
Grape Tomatoes w/ Sliced Cucumbers  
Dinner Roll

Breakfast: Breakfast Pizza **21**

Lunch: Grilled Chicken Burger  
Lettuce & Pickles  
Crinkle cut Fries  
Baby Carrots  
Mayonnaise, Mustard, Ketchup & Ranch  
Cups available

Breakfast: Biscuit & Sausage **22**

Lunch: Cheese Filled Bread Sticks  
Pinto Beans  
Romaine Salad  
Baby Carrots  
Marinara Sauce & Ranch Cups available



Breakfast: Kolache **26**

Lunch: Pulled Pork on a Bun  
Baked Beans  
Sliced Pickles  
Nacho Cheese Doritos

Breakfast: Scrambled Eggs  
w/ Toast **27**

Lunch: Beef & Cheese Nachos  
Refried Beans  
Lettuce & Tomato  
Salsa

Breakfast: Yogurt & Fruit  
w/French Toast **28**

Lunch: Cheese or Pepperoni Pizza  
Whole Kernel Corn  
Green Beans  
Romaine Salad

