

 **BREAKFAST**

 **LUNCH**

Choice of Milk
and Variety of
Fruit offered daily

JANUARY 2019

Pre-K – 4th Grade

All students are entitled to:

1 Free reimbursable Breakfast: Must choose 3 items 1 must be Fruit or Fruit Juice
&

1 Free reimbursable Lunch: Must choose at least 3 items 1 must be a Fruit or Vegetable



Monday

Guest Pricing:

Breakfast: \$2.00

Lunch: \$4.25

Tuesday



1

Wednesday



2

Thursday



3

Friday



4



7

Breakfast:
Sausage Pancake on stick

8

Lunch:
Pulled Pork Sandwich
Baked Beans
Baked Seasoned Fries
Sliced Pickles
Mayonnaise, Mustard, and Ketchup

Breakfast:
Cowgirl Bread

9

Lunch:
Beef Tips
Steamed Rice
Roasted Sweet Potatoes
Romaine Salad, Dressing
Dinner Roll

Breakfast:
Breakfast Pizza

10

Lunch:
Tomato Soup W/Grilled Cheese
Apple Cole Slaw
Black Beans & Corn

Breakfast:
Oatmeal (Pre-k Cereal)

11

Lunch:
Baked Rotini Chicken & Cheese
Orange Glazed Carrots
Fresh Spinach & Cranberry Salad
Garlic Bread

Breakfast:
Banana Bread

14

Lunch:
Popcorn Chicken
Orange Glazed Carrots
Mashed Potatoes, Cream Gravy
Dinner Roll

Breakfast:
Bacon Egg & Cheese Biscuit

15

Lunch:
Cheesy Beef Nachos
Refried Beans
Salsa
Lettuce & Tomato

Breakfast:
Cream Cheese Filled Bagels

16

Lunch:
Pulled Pork Baked Potato
Butter, Cheese, Sour Cream
Green Peas
Romaine Salad, Dressing
Dinner Rolls

Breakfast:
Cinnamon Toast

17

Lunch:
Beef & Vegetable Soup
Romaine Salad, Dressing
Grape Tomatoes & Sliced Cucumbers
Cornbread Pudding

Breakfast:
Pancake Sausage on a Stick

18

Lunch:
Cheese or Pepperoni Pizza
Country Blend Vegetables
Romaine Salad, Dressing



21

Breakfast:
Breakfast Sliders

22

Lunch:
BBQ on a Bun
Baked Sweet Potato Chunks
Steamed Broccoli w/Cheese

Breakfast:
Yogurt & Fruit Parfait

23

Lunch:
Pepperoni or Cheese Pizza
Corn
Romaine Salad, Dressing

Breakfast:
Eggs, Biscuits & Gravy

24

Lunch:
Dumplings
Carrot Soufflé
Green Beans
Romaine Salad, Dressing
Dinner roll

Breakfast:
Glazed Pancakes

25

Lunch:
Corn dog
Seasoned Kidney Beans
Broccoli Salad
Baby Carrots, Ranch Dressing

Breakfast:
Mini Pancake Wrap, Syrup

28

Lunch:
BBQ on a Bun
Baked Sweet Potato Chunks
Steamed Broccoli
Mixed Vegetables

Breakfast:
Apple or Cherry Frudels

29

Lunch:
Penne Pasta w/ Meat Sauce & Cheese
Baked Parmesan Squash
Tomato & Cucumber Salad
Garlic Bread

Breakfast:
Breakfast Pizza

30

Lunch:
Chicken Fajita's
Refried Beans
Spanish Rice
Seasoned Corn

Breakfast:
Cowgirl Bread

31

Lunch:
Homemade Chili w/Beans
Cornbread Pudding
Green Beans w/Potatoes
Chocolate Chip Cookies