



BREAKFAST

LUNCH

Guests:
Breakfast \$2.00
Lunch \$4.25

Choice of Milk and Variety of
Fruit offered daily

OCTOBER 2018

Pre-K- 4th Grade

All students are entitled to:
1 Free reimbursable Breakfast: Must choose 3 items 1 must be Fruit or Fruit Juice
&
1 Free reimbursable Lunch: Must choose at least 3 items 1 must be a Fruit or Vegetable

Monday

**No
Students
Waiver Day**

1

Tuesday

Breakfast: Mini Strawberry Bagels
Lunch: Pulled Pork on a Bun
Or
Sausage Link on a Bun
Cinnamon Sweet Potato
Peas & Carrots

2

Wednesday

Breakfast: Biscuits w/Gravy
Lunch: Alpha Pizza
Or
Corndog w/ Mayo or Mustard
Romaine Salad w/Dressing
Roasted Whole Kernel Corn
Sliced Cucumbers

3

Thursday

Breakfast: Go Big Yogurt
Lunch: Beef Nachos w/Cheese
Or
Chicken Flauta's
Refried Beans
Salsa
Lettuce & Tomato

4

Friday

Breakfast: Cereal or Oatmeal
Lunch: Fish Nuggets w/Tatar sauce or
Ketchup
Or
Chicken Strips w/Sauce
Crispy Okra, Broccoli Salad
Mixed Vegetables

5

Breakfast: Pancake & Sausage
on a stick
Lunch: Baked Potato Soup w/
Grilled Cheese Sandwich
Or
Ham & Cheese Rollup w/ Baked Chips
Seasoned Green Beans
Glazed Carrots

8

Breakfast: Breakfast Pizza
Lunch: Hot dog on Bun w/Chili
Mayo, Mustard
Or
BBQ Hillshire Farm Smoked Cocktail
Frank w/Bun
Peas & Carrots
Sweet Potato Fries

9

Breakfast: Apple or Cherry Frudel
Lunch: Chicken & Sausage Jambalaya
Or
Beef Fingers w/ Cream Gravy
Kidney Beans
Romaine Salad w/ Dressing
Sliced Cucumbers, Cornbread Muffin

10

Breakfast: Mini Waffles
Lunch: Meatloaf w/ Tomato Glaze
Or
Grilled Chicken Nuggets w/Sauce
Roasted Baby Baker Potatoes
Mustard Greens
Lima Beans

11

Breakfast: Pig in a Blanket
Lunch: Corndog w/ mayo or Mustard
Mixed Vegetables
Baby Carrots, Sliced Pickles
Early Dismissal Day
Homecoming No Second Choice

12

Breakfast: French Toast Dippers
w/Syrup
Lunch: Chicken Nuggets w/ Sauce
Or
Beef Fingers w/ Cream Gravy
Rice w/Gravy
Lima Beans Dinner Roll

15

Breakfast: Breakfast Burrito w/ Salsa
Lunch: Hamburger on Bun
Or
Grilled Chicken Burger
Tater Gems, Baked Beans
Lettuce & Sliced Pickles
Mayo, Mustard & Ketchup

16

Breakfast: Banana Bread
Lunch: Alpha Pepperoni Pizza
Or
Corndog w/ Mayo or Mustard
Romaine Salad w/ Dressing
Baby Carrots
Mixed Vegetables

17

Breakfast: Blueberry Glazed Pancakes
Lunch: Chicken Dumplings
Or
BBQ Hillshire Farm Smoked Cocktail
Franks
Carrot Soufflé
English Peas
Salad w/ Dressing

18

Breakfast: Cereal or Oatmeal
Lunch: Philly Cheese Steak Sandwich
Or
Fish Hoagie Sandwich w/ Tartar Sauce or
Ketchup
Lettuce & Tomato
Baby Carrots w/Ranch

19

Breakfast: Pancake & Sausage
on a stick
Lunch: Baked Potato Soup w/
Grilled Cheese Sandwich
Or
Ham & Cheese Rollup w/ Baked Chips
Seasoned Green Beans
Glazed Carrots

22

Breakfast: Go Big Yogurt
Lunch: Beef Nachos w/Cheese
Or
Chicken Street Tacos
Refried Beans
Salsa
Lettuce & Tomato

23

Breakfast: Cowgirl Bread
Lunch: Chicken Parmesan
Or
Baked Cheesy Rotini
Sautéed Italian Seasoned Squash
Romaine Salad w/Dressing
Garlic Bread Stick

24

Breakfast: Breakfast Burrito w/ Salsa
Lunch: Cheeseburger on Bun
Or
Grilled Chicken Burger
Sidewinder Fries
Lettuce & Tomato, Sliced Pickles
Mayo, Mustard & Ketchup

25

Breakfast: Apple or Cherry Frudel
Lunch: Corndog w/ Mayo or Mustard
Or
Cheese Stick w/ Marinara
Mixed Vegetables
Romaine Salad w/ Dressing
Sliced Cucumbers

26

Breakfast: Banana Bread
Lunch: Chicken Strips w/ Sauce
Or
Beef Nuggets w/ Cream Gravy
Steamed Rice w/Gravy
Breaded Okra
Dinner Roll

29

Breakfast: Mini Donuts / PK-Cereal
Lunch: Hot dog on Bun w/Chili
Mayo, Mustard
Or
Sausage Link w/Bun
Onion Rings, Pinto Beans
Baby Carrots w/Ranch

30

Breakfast: Scramble Eggs w/ Bacon
Lunch: Beef Tips w/Gravy
Or
Blackened Chicken
Steamed Rice
Romaine Salad w/ Dressing
Whole Kernel Corn, Dinner Roll

31

Friday, October 26, 2018 Exempt Fundraiser Day for Pine Forest & Vidor Elementary.

Wednesday, October 31, 2018 Exempt Fundraiser Day for Vidor High School & Vidor Middle School

MY SCHOOL
BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com