



BREAKFAST

LUNCH

Guests:
Breakfast \$2.00
Lunch \$4.25

Choice of Milk and Variety of
Fruit offered daily

OCTOBER 2018

5th – 12th Grade

All students are entitled to:

1 Free reimbursable Breakfast: Must choose 3 items 1 must be Fruit or Fruit Juice
&
1 Free reimbursable Lunch: Must choose at least 3 items 1 must be a Fruit or Vegetable

Monday

No
Students
Waiver Day

1

Tuesday

Breakfast: Mini Strawberry Bagels

2

Lunch: Pulled Pork on a Bun
Cinnamon Sweet Potato
Peas & Carrots

Wednesday

Breakfast: Biscuits w/Gravy

3

Lunch: Alpha Pizza
Romaine Salad w/Dressing
Roasted Whole Kernel Corn
Sliced Cucumbers

Thursday

Breakfast: Go Big Yogurt

4

Lunch: Beef Nachos w/Cheese
Refried Beans
Salsa
Lettuce & Tomato

Friday

Breakfast: Cereal or Oatmeal

5

Lunch: Fish Nuggets w/Tatar sauce or
Ketchup
Crispy Okra, Broccoli Salad
Mixed Vegetables, Cornbread Muffin

Breakfast: Pancake & Sausage
on a stick

8

Lunch: Baked Potato Soup w/
Grilled Cheese Sandwich
Seasoned Green Beans
Glazed Carrots

Breakfast: Breakfast Pizza

9

Lunch: Hot dog on Bun w/Chili
Mayo, Mustard
Peas & Carrots
Sweet Potato Fries

Breakfast: Apple or Cherry Frudel

10

Lunch: Chicken & Sausage Jambalaya
Kidney Beans
Romaine Salad w/ Dressing
Sliced Cucumbers, Cornbread Muffin

Breakfast: Mini Waffles

11

Lunch: Meatloaf w/ Tomato Glaze
Roasted Baby Baker Potatoes
Mustard Greens
Lima Beans

Breakfast: Pig in a Blanket

12

Lunch: Corndog w/ mayo or Mustard
Mixed Vegetables
Baby Carrots, Sliced Pickles

Early Dismissal Day
Homecoming No Second Choice

Breakfast: French Toast Dippers
w/Syrup

15

Lunch: Chicken Nuggets w/ Sauce
Rice w/Gravy, Peas & Carrots
Lima Beans Dinner Roll

Breakfast: Breakfast Burrito w/ Salsa

16

Lunch: Hamburger on Bun
Tater Gems, Baked Beans
Lettuce & Sliced Pickles
Mayo, Mustard & Ketchup

Breakfast: Banana Bread

17

Lunch: Alpha Pepperoni Pizza
Romaine Salad w/ Dressing
Baby Carrots
Mixed Vegetables

Breakfast: Blueberry Glazed Pancakes

18

Lunch: Chicken Dumplings
Carrot Soufflé
English Peas
Salad w/ Dressing

Breakfast: Cereal or Oatmeal

19

Lunch: Philly Cheese Steak Sandwich
Lettuce & Tomato
Baby Carrots w/Ranch

Breakfast: Pancake & Sausage
on a stick

22

Lunch: Baked Potato Soup w/
Grilled Cheese Sandwich
Seasoned Green Beans
Glazed Carrots

Breakfast: Go Big Yogurt

23

Lunch: Beef Nachos w/Cheese
Refried Beans
Salsa
Lettuce & Tomato

Breakfast: Cowgirl Bread

24

Lunch: Chicken Parmesan
Sautéed Italian Seasoned Squash
Romaine Salad w/Dressing
Garlic Bread Stick

Breakfast: Breakfast Burrito w/ Salsa

25

Lunch: Cheeseburger on Bun
Sidewinder Fries
Lettuce & Tomato, Sliced Pickles
Mayo, Mustard & Ketchup

Breakfast: Apple or Cherry Frudel

26

Lunch: Corndog w/ Mayo or Mustard
Mixed Vegetables
Romaine Salad w/ Dressing
Sliced Cucumbers

Breakfast: Banana Bread

29

Lunch: Chicken Strips w/ Sauce
Steamed Rice w/Gravy
Breaded Okra
Dinner Roll

Breakfast: Mini Donuts / PK-Cereal

30

Lunch: Hot dog on Bun w/Chili
Mayo, Mustard
Onion Rings, Pinto Beans
Baby Carrots w/Ranch

Breakfast: Scramble Eggs w/ Bacon

31

Lunch: Beef Tips w/Gravy
Steamed Rice
Romaine Salad w/ Dressing
Whole Kernel Corn, Dinner Roll

Friday, October 26, 2018 Exempt Fundraiser Day for Pine Forest & Vidor Elementary.

Wednesday, October 31, 2018 Exempt Fundraiser Day for Vidor High School & Vidor Middle School



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MySchoolBucks.com

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