

Primary & Secondary Menu

See page 2 for more menu information



Vidor ISD SY 2020-2020
Cyclic Menu

"This establishment is an equal opportunity employer. This Program is funded by USDA"

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Monday Breakfast: Breakfast Burrito Lunch: Chicken Rings Or Steak Fingers Mashed Potatoes 1/2 c (S) Green Beans 1/2 c (O) Dinner Roll Gravy & Dipping Sauces Available	Tuesday Breakfast: Breakfast Pizza Lunch: Beef/Chicken Fajita Nacho's Or Tamales Refried Beans 1/2 c (B/L) Salsa 1/2 c (R/O) Lettuce/Tomato 1/2 c (O) Dinner Roll Froyo (Assorted Flavors)	Wednesday Breakfast: Pancake Sausage Stick Lunch: Corndog Or Cheese Sticks Romaine Salad 1/2 c (D/G) Baby Carrots 1/2 c (R/O) Steamed Corn 1/2 c (A) Mustard, Mayo, Ketchup & Dressing Available	Thursday Breakfast: Banana Bread Lunch: Penne Pasta w/Meat sauce Or Taco Snack Italian Vegetables 1/2 c (A) Romaine Salad 1/2 c (A) Bread Sticks Dressing Available	Friday Breakfast: Donut Holes Pre-K Cereal & Bananas Lunch: Fish Nuggets Or Chicken Smackers Blanco Macaroni & Cheese Coleslaw 1/2 c (A) Steamed Carrots 1/2 c (R/O) Cornbread Ketchup & Tartar Sauce Available
Week 2	Monday Breakfast: Breakfast Pizza Lunch: Hot Dog on WG Bun Or Managers Choice Fries 1/2 c (A) Ranch Style Beans 1/2 c (B/L) Mayo, Mustard, Ketchup, Chili, Cheese	Tuesday Breakfast: Pillsbury Mini Pancakes Lunch: Meatloaf Or Drumstick Mashed Potatoes 1/2 c (A) Peas & Carrots 1/2 c (A) Old Fashion Dinner Roll Gravy	Wednesday Breakfast: Eggstravaganza & Biscuit Lunch: Stuffed Crust Pizza Or Mini Corn Dogs Romaine Salad 1/2 c (D/G) Steamed Corn 1/2 c (A) Dressing, Mayo & Mustard Available	Thursday Breakfast: Yogurt & Fresh Fruit Pre-K Cereal & Bananas Lunch: Chicken Tetrazzini Or Cheese Bites w/Marinara 1/2 c (R/O) Sweet Potatoes 1/2 c (R/O) Roasted Cauliflower 1/2 c (O) Garlic Bread	Friday Breakfast: French Sticks w/Mini Sausage Links Lunch: Sloppy Joe on WG Bun Or Pulled Pork on WG Bun Baked Beans 1/2 c (B/L) Baby Carrots 1/2 c (R/O) Bell Pepper Sticks 1/2 c (O) Dressing Available
Week 3	Monday Breakfast: Pig in a blanket Lunch: Meatballs w/ Gravy Or Drumstick Mashed Potatoes 1/2 c (S) Steamed Carrots 1/2 c (R/O) Old Fashion Dinner Roll Gravy	Tuesday Breakfast: Mini Cinni's Lunch: Frito Chili Pie Or Hot Dog on WG Bun Fries 1/2 c (A) Ranch Style Beans 1/2 c (B/L) Mayonnaise, Mustard, Ketchup Available	Wednesday Breakfast: The Max Blueberry Twist Lunch: Chicken fajitas on WG Tortilla Beef Soft Taco Or Beef Tamale Refried Beans 1/2 c (A) Lettuce/Tomato 1/2 c (O) Salsa 1/2 c (R/O) Dinners Roll w/Cinnamon (2 G)	Thursday Breakfast: Cowgirl Bread Lunch: Tony's Garlic French Bread Pizza Or Mini Corn Dogs Broccoli Salad 1/2 c (D/G) Steamed Corn 1/2 c (A) Mayonnaise, Mustard, Ketchup & Dressing Available	Friday Breakfast: Apple Frudel Lunch: Chicken Smacker's Or Beef Fingers Sweet Potatoes 1/2c (R/O) Green Beans 1/2 c (O) Old Fashion Dinner Roll
Week 4	Monday Breakfast: Breakfast Pizza Lunch: Orange Chicken Or Meatballs w/Gravy Steamed Rice Stir Fry Vegetables 1/2 c (A) Steamed Carrots 1/2 c (R/O) Cheese Bread Stick	Tuesday Breakfast: Sausage & Biscuit Stick Lunch: Hamburger on WG Bun Or Grilled Chicken Burger on WG Bun Baked Beans 1/2 c (B/L) Onion Rings 1/2 c (O) Lettuce/Pickles 1/2 c (O) Mayo, Mustard, Ketchup Available	Wednesday Breakfast: Pancake Sausage Stick Lunch: Corndog Or Cheese Sticks Baby Carrots 1/2 c (R/O) English Peas 1/2 c (S) Marinara Sauce 1/2 c (R/O) Mustard, Mayo, Ketchup & Dressing Available	Thursday Breakfast: Banana Bread Lunch: Penne Pasta w/Meat sauce Or Taco Snack Steamed Broccoli 1/2 c (D/G) Italian Vegetables 1/2 c (A) Romaine Salad 1/2 c (A) Bread Sticks Dressing Available	Friday Breakfast: Donut Holes Pre-K Cereal & Bananas Lunch: Fish Nuggets Or Chicken Smackers Blanco Macaroni & Cheese Coleslaw 1/2 c (A) Steamed Carrots 1/2 c (R/O) Cornbread Ketchup and Dipping Sauces Available
Week 5	Monday Breakfast: Mini Pancakes Lunch: Chicken & Waffles Or Meatball Sub Curry Fries 1/2 c (S) Green Beans 1/2 c (O) Syrup Available Ketchup Available	Tuesday Breakfast: Cowgirl Bread Lunch: Grilled Cheese Sandwich Or Pulled Pork on WG Bun Baked Beans 1/2 c (B/L) Coleslaw 1/2 c (O) Baby Carrots 1/2 c (R/O), Dorito Chips Mayo, Mustard & Dressing Available	Wednesday Breakfast: French Toast Sticks Lunch: Hot Dog w/Chili & Cheese on WG Bun Or Cheese Sticks Romaine Salad 1/2 c (D/G) Marinara Sauce 1/2 c (R/O) Steamed Corn 1/2 c (A) Mayo, Mustard, Ketchup & Dressing Available	Thursday Breakfast: Biscuit w/ Sausage Lunch: Meatballs w/Gravy Or Drumstick Mashed Potatoes 1/2 c (A) Broccoli Salad 1/2 c (A) Garlic Bread Surprise Dessert	Friday Breakfast: Max Blueberry Twist Lunch: Chicken Fajitas on WG Tortilla Or Tamales Refried Beans 1/2 c (B/L) Salsa 1/2 c (R/O) Lettuce/Tomato 1/2 c (O)
Week 6	Monday Breakfast: Pancake-Sausage Sandwich Lunch: Chicken Rings Or Steak Fingers Mashed Sweet Potatoes 1/2 c (R/O) Green Beans 1/2 c (O) Diner Roll Dipping Sauce Available	Tuesday Breakfast: Breakfast Pizza Lunch: Beef & Cheese Taco's Or Crispito Refried Beans 1/2 c (B/L) Salsa 1/2 c (R/O) Lettuce/Tomato 1/2 c (O) Dinner Roll Froyo	Wednesday Breakfast: Mini Cinni's Lunch: Orange Chicken Or Meatballs w/ Sweet n Sour Sauce Steamed Rice Romaine Salad 1/2 c (D/G) Stir Fry Vegetables 1/2 c (A) Dinner Roll Dressing Available	Thursday Breakfast: Breakfast Burrito Lunch: Frito Chili Pie Or Hot Dog on WG Bun Sweet Potato Fries 1/2 c (R/O) Ranch Style Beans 1/2 c (A) Mayo, Mustard, Ketchup Available	Friday Breakfast: Cherry Frudel Lunch: Stuffed Crust Pizza Or Corn Dog Romaine Salad 1/2 c (A) Steamed Corn 1/2 c (S) Mayo, Mustard, Ketchup & Dressing Available

Annual Menu Cycle Calendar Key Code													
August '20							September '20						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	14	15	16	17	18	19	20
16	17	18	19	20	21	22	21	22	23	24	25	26	27
23	24	25	26	27	28	29	28	29	30				
30	31												
October '20							November '20						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	4	5	6	7	8	9	10
11	12	13	14	15	16	17	11	12	13	14	15	16	17
18	19	20	21	22	23	24	18	19	20	21	22	23	24
25	26	27	28	29	30	31	25	26	27	28	29	30	
December '20							January '21						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
			1	2	3	4						1	2
4	5	6	7	8	9	10	4	5	6	7	8	9	10
11	12	13	14	15	16	17	11	12	13	14	15	16	17
18	19	20	21	22	23	24	18	19	20	21	22	23	24
25	26	27	28	29	30	31	25	26	27	28	29	30	
February '21							March '21						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6			1	2	3	4	5
7	8	9	10	11	12	13	7	8	9	10	11	12	13
14	15	16	17	18	19	20	14	15	16	17	18	19	20
21	22	23	24	25	26	27	21	22	23	24	25	26	27
28							28	29	30	31			
April '21							May '21						
Su	M	Tu	W	Th	F	S	Su	M	Tu	W	Th	F	S
				1	2	3							
4	5	6	7	8	9	10	4	5	6	7	8	9	10
11	12	13	14	15	16	17	11	12	13	14	15	16	17
18	19	20	21	22	23	24	18	19	20	21	22	23	24
25	26	27	28	29	30	31	25	26	27	28	29	30	31

Week 1 Meal Options
Week 4 Meal Options
Week 2 Meal Options
Week 5 Meal Options
Week 3 Meal Options
Week 6 Meal Options

All students are entitled to:
 1 Free reimbursable Breakfast: Must choose 3 items 1 must be Fruit or Fruit Juice
 1 Free reimbursable Lunch: Must choose at least 3 items 1 must be a Fruit or Vegetable

Seasonal Menu

Gumbo--October 22- November 5- December 10

Sliced Turkey w/Cornbread Dressing-- November 19- April 15

Dumplings--October 15- December 17

Baked Potato Soup w/Grilled Cheese--November 9- December 7- January 11

Beef Vegetable Soup-- October 29- December 3- January 21- February 18

				Secondary Campuses
Thursday October 15	Thursday October 22	Thursday October 29	Thursday November 5	HS Main Kitchen
Dumplings Or Corn Dog English Peas 1/2 c (A) Carrot Souffle` 1/2 c (R/O) Romaine Salad Dressing Available	Gumbo Or Cheese Sticks w/Marinara Steamed Rice Crackers Potato Salad 1/2 c (S) Romaine Salad 1/2 c (D/G) Dressing Available	Vegetable & Beef Soup w/ Bosco Cheese Stick Or Grilled Cheese Baby Carrots 1/2 c (R/O) Romaine Salad 1/2 c (D/G) Dressing Available	Gumbo Or Cheese Sticks w/Marinara Steamed Rice Crackers Potato Salad 1/2 c (S) Romaine Salad 1/2 c (D/G) Dressing Available	Please see main menu for daily entree and vegetables
Monday November 9	Thursday November 19	Thursday December 3	Monday December 7	HS- Paradise
Baked Potato Soup w/ Grilled Cheese Or Corn Dog Green Beans 1/2 c (O) Steamed Carrots 1/2 c (R/O) Mayo mustard ketchup Available	Sliced Turkey w/Cornbread Dressing Or Roasted Chicken Drumstick Cornbread Dressing Mashed Potatoes 1/2c (S) Green Beans 1/2c (O) Cranberry Sauce Gravy Dinner Roll Sweet Potato Pie	Vegetable & Beef Soup w/ Bosco Cheese Stick Or Grilled Cheese Baby Carrots 1/2 c (R/O) Romaine Salad 1/2 c (D/G) Dressing Available	Baked Potato Soup w/ Grilled cheese Or Corn Dog Green Beans 1/2 c (O) Steamed Carrots 1/2 c (R/O) Mayo mustard ketchup Available	Meal Option 1- Pizza Meal Option 2- Cheese Sticks Please see main menu for daily meal option and daily vegetables
Thursday December 10	Thursday December 17	Monday January 11	Thursday January 21	HS- Perch
Gumbo Or Cheese Sticks w/Marinara Steamed Rice Crackers Potato Salad 1/2c (S) Romaine Salad 1/2 c (D/G) Dressing Available	Dumplings Or Corn Dog English Peas 1/2 c (A) Carrot Souffle` 1/2 c (R/O) Romaine Salad 1/2 c (D/G) Dressing Available	Baked Potato Soup w/ Grilled cheese Or Corn Dog Green Beans 1/2 c (O) Steamed Carrots 1/2 c (R/O) Mayo Mustard Ketchup Available	Vegetable & Beef Soup w/ Bosco Cheese Stick Or Grilled Cheese Baby Carrots 1/2 c (R/O) Romaine Salad 1/2 c (D/G) Dressing Available	Meal Option 1- Hamburger Meal Option 2- Chicken Strips Please see main menu for daily meal option and daily vegetables
Thursday February 18	Thursday April 15	Campus Waiver Days Menu		HS- Cabana
Vegetable & Beef Soup w/ Bosco Cheese Stick Or Grilled Cheese Baby Carrots 1/2 c (R/O) Romaine Salad 1/2 c (D/G) Dressing Available	Sliced Turkey w/Cornbread Dressing Or Roasted Chicken Drumstick Mashed Potatoes 1/2c (S) Green Beans 1/2c (O) Cranberry Sauce Gravy Diner Roll, Sweet Potato Pie	Corn Dog Corn Baby Carrots 1/2 c (R/O) No Second Choice Mayo, Mustard, Ketchup & Ranch Available		Meal Option 1- Fajita Nachos Meal Option 2- Quesadilla
		Campus Waiver Days		Jr. HS & HS- Breakfast
		Pine Forest October 30 February 15 November 20 April 1 December 18 May 21	Vidor Middle School October 30 February 5 November 20 March 12 December 18 April 30	Please see main menu for daily Breakfast also available are variety of Poptarts, Honey, Jelly and Syrup
		Vidor Elementary November 20 April 1 December 18 Carnival - TBA February 5 Track & Field - TBA	Vidor Jr. High No days at this time	Jr. High The Boat
		Oak Forest October 30 April 1 November 20 Carnival - TBA December 18 Track & Field - TBA	Vidor High October 30 March 12 December 4 April 1 February 5 May 7	Menu may change due to product availability
Choice of Milk Available Daily 1% Whilt Milk Fat Free Chocolate Milk Fat Free Strawberry Milk. Pre-K-1% White Milk Only A Variety of Fruit Available Daily	Surprise Desserts: WG Brownies, WG Cake, WG Muffins, WG Cookies, Fat Free Frozen or 100% Fruit Juice Treats etc.			Grab & Go meals will follow menu above

Child Nutrition Director Administration Building: Mary Ellen Vivrett (409) 951-8711

Child Nutrition Secretary Administration Building: Lucinda Unger (409) 951-8712

Child Nutrition Cooridnator Administration Building: Millie McFarland (409) 951-8727

Vidor High School Cafeteria Manager & Asst. Manager: Sandy Byers & Virginia Low (409) 951-8939

Vidor Jr. High School & Middle School 6th Grade Cafeteria Manager & Asst. Manager: Rhonda Hill & Tracie Smith (409) 951-8816

Vidor Middle School 5th Grade Cafeteria Manager & Asst. Manager: Misty Wilcox & Cindy Bost (409) 951-8939 (@ HS)

Vidor Elementary Cafeteria Manager & Asst. Manager: Marsha Peden & Danette LaBleu (409) 951-8843

Oak Forest Elementary Cafeteria Manager & Asst. Manager: Jodie Marshall & Kristie Pitman (409) 951-8873

Pine Forest Elementary Cafeteria Manager & Asst Manager: Theresa (Terrie) Lewis & Donna Reeves (409) 951-8817

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